## Adria O'Donnell, Psy.D. PSY19207

Clinical and Consulting Psychology adria@drodonnell.com

12625 High Bluff Dr. Suite 215 San Diego, CA 92130 858) 518-6949 Phone 858) 792-8333 FAX

## **ADULT CONFIDENTIALITY**

You are assured of confidentiality. Only a Release of Information form signed by you may authorize me to discuss information with other individuals. You can revoke this authorization anytime. Also, that I know you or how I know you is confidential. If I see you out in the world, I will not acknowledge you unless you initiate contact. Below are important exceptions to confidentiality that are legally mandated:

- 1. The law requires that I notify others if I have reasonable cause to believe that a client is a danger to others and disclosure is necessary to prevent the threatened danger.
- 2. I am also obligated by law to report any suspected child or elder abuse, neglect or molestation, or any other crime against a minor under the age of 18, to protect the children or elders involved. This includes reasonable suspicion that a child has witnessed domestic violence.
- 3. If I assess a client to be a danger to self, or unable to take care of him or herself.
- 4. Some legal actions initiated by the patient or the patient's estate may result in the court ordering the release of records.

IF THE CLIENT IS A MINOR, THEIR CONSENT IS REQUIRED BEFORE I CONVERSE WITH A PARENT ABOUT ALL TOPICS INCLUDING DRUGS AND ALCOHOL UNLESS ANY OF THE ABOVE 4 POINTS APPLY.

Lastly, as a parent of a minor client, **YOU** can tell **ME** whatever information you deem pertinent to treatment. You can also ask <u>me to clarify</u> something I may have said to your child during a session. If I am working on goals with your minor, I will keep you informed (with their consent) of the work we are doing in session and may invite you into sessions as needed.

My signature indicates that I have received a copy of the above material, have read it and agree to abide by its terms. I understand that I may question this or any other therapeutic procedure at any time.

Patient Signature	Date:
Therapist Signature	Date: